



## STATE of MINNESOTA

# Proclamation

- WHEREAS: An estimated 43 million women in the United States are affected by cardiovascular diseases. Ninety percent of women have one or more risk factors for developing heart disease, yet only one in five American women believes that heart disease is her greatest health threat; and
- WHEREAS: Cardiovascular diseases cause one in three deaths in women each year, killing approximately one woman every minute. Heart disease is the number one killer of women and kills more women than all other forms of cancer combined but it is often undiagnosed and preventable; and
- WHEREAS: Since 1984, more women than men have died each year from heart disease and the gap between men's and women's survival continues to widen. Still, women comprise only twenty-four percent of participants in all heart-related studies. Women are also less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and
- WHEREAS: The American Heart Association's "Go Red For Women" movement has been impacting the health of women for 10 years, and more than 627,000 women's lives have been saved and 330 fewer women are dying every day; and
- WHEREAS: In celebration of the 10<sup>th</sup> birthday of National Wear Red Day on February 7, 2014, "Go Red For Women" is asking all women across America to Go Red by wearing red and speaking red.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim Friday, February 7, 2014, as:

## WEAR RED DAY

in the State of Minnesota, and urge all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 5<sup>th</sup> day of February.

  
GOVERNOR



SECRETARY OF STATE